



2019-2020 ANNUAL REPORT



 **Renewal
Treatment, Inc.**

**Lydia's
Place** 

 **GET PAID**

**WORKFORCE
DEVELOPMENT**

 **PATHWAY TO CARE
AND RECOVERY**



Throughout the first half of fiscal year 2019-2020, Renewal Inc. was successfully providing its high quality, comprehensive behavioral health and justice related reentry services to the communities it serves. Renovations of the new corporate offices and the construction for the new county-wide Engagement Center, now known as The Pathway to Care and Recovery and Safe Place to Stay located at 326 Third Ave., Pittsburgh, PA were well under way.

As we entered into the first few months of 2020 the COVID 19 virus entered a pandemic stage and life and work as we have known it was turned upside down. The challenges faced by Renewal to manage through this crisis while maintaining the health, safety and employment of everyone we serve and all employees were unprecedented in our history. Renewal immediately mandated full compliance to all national, state and local COVID 19 regulations and guidelines for sanitation, personal protection equipment and social distancing. Renewal was extremely fortunate to have qualified for COVID 19 assistance through the Federal Paycheck Protection Loan Program that made it possible for us to navigate through extreme program revenue losses without the need for service reductions or closures and avoid a workforce reduction.

With that said, the challenges remain each day but the vaccines for the virus are on the horizon and Renewal has faith that a "new normal" is ahead that will allow for a return to its ability to continue current programs and services, experience the long awaited full opening of The Pathway to Care and Recovery and Safe Place to Stay and to continue the strategic planning and development of needed service to the community.

All of this would not be possible without the ongoing support of our dedicated Board of Directors, the Community Advisory Boards and our committed employees who have shown, once again, their ability and willingness to go above and beyond every day.

Douglas C. Williams

President and Chief Executive Officer



CORE VALUES

As we put our mission and vision into action, our goal is for individuals to be able to lead full, healthy and rewarding lives when they leave us, aided by skills and support systems that will provide an enduring and lifelong source of confidence. We are always striving toward the goal by making decisions based on our Core Values:

- **Safety** — Protecting the lives and well-being of residents, staff and our community
- **Diversity** — Appreciating and respecting the differences of our staff, residents and community
- **Leadership** — Empowering employees to emulate our mission and core values
- **Teamwork** — Working together for the betterment of our staff, residents and community
- **Innovation** — Implement new programs and services in accordance with industry standards
- **Empowerment** — Taking responsibility with the parameters of the mission, core values and policies
- **Professionalism** — Maintain the highest standards of ethical behavior and the continued quest for excellence

OUR HISTORY

The Early Years

Renewal, Inc. was formed in 1958 through the efforts of Pittsburgh businessmen serving on the Penal Committee of the St. Vincent de Paul Society. The new organization is dedicated to returning adjudicated offenders to society as responsible citizens.

In 1976, thanks to the organization's successful and intensive focus on sustainable healing for individuals, Renewal, Inc. was incorporated as a private, non-profit organization. Its first Administrator was Thomas O'Brien, himself an ex-offender and reentrant of the program.

Building a Comprehensive Program

In 1988 Renewal expanded its services to include housing, opening a 25-bed facility in Homestead, PA to help mitigate overcrowding in the Allegheny County Jail. Almost 30 years later, Renewal and Allegheny County continue that relationship along with contractual agreements with a range of County, State and Federal entities. Today Renewal provides critical residential services for 627 individuals in two facilities owned and operated by Renewal, Inc. in downtown Pittsburgh.

Since the 1990s and early 2000s, Renewal has pursued and leveraged its contractual relationships to evolve into a service provider offering the most comprehensive programs in community corrections.

In 1997, because of increasing demand created by Renewal's growing capabilities, Renewal Treatment, Inc. was founded to perform inpatient and outpatient drug and alcohol treatment services.

Renewal consolidated its operations in 1995 when it purchased and renovated a facility located at 339 Boulevard of the Allies in downtown Pittsburgh. Through a robust renovation, this location now has a bed capacity of 374 and meets all standards of the Americans with Disability Act, American Correctional Association Adult Community Residential Services 4th Edition, Pennsylvania Department of Corrections and Federal Bureau of Prisons.

Though there are many success stories that have come out of the work done within RTI's Outpatient Mental Health Clinic, these successes have not come without struggle and set-backs. The clinicians at RTI know that this is part of a sometimes lengthy process, and they take great pride in working through those issues to assist their clients to be the best versions of themselves. Recovery is a process that is not linear, especially within those that have mental health disorders, combined with drug and alcohol disorders. It's a process that involves set-backs and mistakes, but that ultimately results in learning experiences which then lead to growth and change.

Michael, former state reentrant at Renewal, is one of those success stories. His stay at Renewal was not without infractions, and at one point a brief absconson. However, the progress that he made within treatment outweighed his indiscretions throughout his time with Renewal.

He first started treatment with Outpatient mental health, an angry, depressed person that engaged in drinking excessively to deal with both. He had no insight into the reasons behind his maladaptive behavior patterns, and was not sure that he wanted to change. However, with time and consistent therapy, he was able to work with his therapist to understand and identify a trauma history that he was suppressing with the alcohol abuse. Through education, trauma informed care, emotion management, and Cognitive Behavioral Therapy, he was able to improve his mood, develop healthy coping skills, and achieve several months clean from alcohol use. He showed a strong desire to improve his life, and assist others in doing the same. Michael was part of a pilot project with his therapist, where he told his story to peers in the inpatient program at Renewal. He taught them skills that he was learning in treatment as an assistance to the therapist. The reentrants responded well to him, and he and some of his peers became support for each other. Though he had some setbacks once he saw his time at Renewal coming to an end, he maintained an active role in treatment, showed up even when he was disappointed in himself, and worked through his issues.

He has since maxed out his sentence, is released from Renewal, has a job, his own apartment, and still attends treatment with Outpatient MH. He is a calmer, healthier, and happier person due to his hard work, and the hard work of his therapist.

Alaina Dettore, MSW

Clinical Supervisor
RTI Outpatient MH Clinic
700 Fifth Ave, 2nd Floor
Pittsburgh, PA 15219



RENEWAL, INC. AND RENEWAL TREATMENT, INC. PARTNERS

Renewal Inc., and Renewal Treatment, Inc., partnered with many organizations in our efforts to meet the holistic needs of our program participants. Many of these organizations are available to provide services on-site.

Agencies that provide services on-site:

- Occupational Vocational Rehabilitation; Assisting reentrants with applying for OVR services
- Mercy Behavioral Health; Providing HIV and Hepatitis C testing, CBT programming
- Divine Intervention Ministries; Conducts spiritual and reentry services
- Justice Related Services; Provides intensive case management services
- Lydia's Place; Provides parenting and family services
- Community Kitchens Pittsburgh; Conducts application process for admission to their program with follow-up vocational training
- Veterans Administration; Provides benefit consultation
- Narcotics Anonymous; Conducts several meetings per week
- Alcoholics Anonymous; Conducts in-house meetings
- Duquesne University; Works with reentrants on reentry issues
- Raj Narayan, M.D.; Provides psychiatric services
- Renee Rubenstein, M.D.; Provides medical services

DDAP Certified Management and Staffing

Shelly Thayer, Vice President of Program Management

James Galus, Clinical Director

Chris Denard, Clinical Supervisor

13 DDAP Qualified Counselors

Brian Deakin, Unit Manager

14 Treatment Aides



PROGRAMS AND SERVICES

The group treatment hours and IOP group hours for outpatient D&A is lower than you would expect, since they did not hold groups for half of March, all of April and half of May due to COVID-19.

Work Release Program

Total New Admissions	2,507
Average Monthly Employment Rate	59%
Average Hourly Rate	\$10.32
Average Estimated Age	41 years

Inpatient Drug & Alcohol Services

Total Reentrants Served	633
Total Individual Counseling Hours	5,464
Total Group Counseling Hours	50,640
Total Support Services Hours	26,134

Outpatient Drug & Alcohol Services

Total Reentrants Served	711
Total Individual Treatment Hours	4,092
Total Group Treatment Hours	2,432
IOP Group Hours	1,410

Mental Health

Total Reentrants Served	627
Total Individual Treatment Hours	3,404

Lydia's Place

Total Families Served	5
Total Participants in Housing Program	748
Total Participants Securing Housing	53
Total Mentoring Program Participants	24
Total Annual Family Activities	1

COMMUNITY SERVICE - JULY 2019 to MARCH 2020

While residing at Renewal, clients are required to perform a minimum of two hours of community service each week. During this past fiscal year, 673 Renewal clients completed more than 8,120 hours of community service. A list of the many organizations where Renewal residents have donated their time and talent are listed below:

Allies for Health and Wellbeing (formerly PATF)
 Allegheny County Jail
 Book Em Project (Thomas Merton Center)
 Church of God in Christ
 Clean and Sweep, 704 Second Avenue Corridor
 Cribs for Kids Hazelwood
 Cribs for Kids Convention
 Cribs for Kids/SIDS Foundation Breath of Life Stroll
 Divine Intervention Ministries
 Dollar Bank Three Rivers Arts Festival
 East End Community Thrift Shop
 First Presbyterian Church, Downtown Pittsburgh
 Grace Tabernacle Community Ministries
 Greater Pittsburgh Community Food Bank
 Hill District Community Development Corporation
 Liberty Mile Race
 Lydia's Place
 Northside Common Ministries
 Operation Safety Net (Pittsburgh Mercy)
 Pittsburgh Community Services, Inc.
 PDP Downtown clean up
 Pittsburgh Marathon
 Pittsburgh Triathlon
 Renewal, Inc. 339 Boulevard of the Allies
 RTI 700 Fifth Avenue building
 RTI 704 Second Avenue building and Corporate office
 Representative Jake Wheatley
 Health and Wellness Community Days
 Salvation Army Thrift Shop & Warehouse, Southside Pittsburgh
 Salvation Army Food Bank, West End Pittsburgh
 Susan G. Komen Race for the Cure
 The Pittsburgh Project
 The Richard S. Caliguiri Great Race
 Trinity Lutheran Church
 Turkey Trot sponsored by YMCA
 Urban League of Greater Pittsburgh Housing Department
 Urban League of Greater Pittsburgh Hunger Services
 Veteran's Leadership Program
 YMCA of Homewood Brushton



PHASE TWO OPENING EARLY 2021

SAFE PLACE TO STAY

The Safe Place to Stay is for individuals who have received a level of care assessment, are awaiting admission to a treatment slot, and need additional support while waiting.

Services Include:

- Case Management
- Peer Support
- Monitoring
- Motivational Interviewing
- Education Groups
- Transition to Treatment Services (Warm hand-offs)



ALLEGHENY COUNTY'S PATHWAY TO CARE AND RECOVERY. NO JUDGMENT. JUST CARE.

PHASE ONE OPENED 11/5/2020

Pathway to Care and Recovery is a new program for residents of Allegheny County who have challenges around alcohol and/or other drugs and want information, support, and/or help. It is located at 326 Third Ave. Pittsburgh, PA, and is open 365 days per year/24 hours per day/7 days per week.

It's a different kind of place:

- Where you don't run out of chances
- Where you can come when you may or may not be ready for treatment
- Where your voice is heard
- Where you can come when you're not sure where to turn

Who Is It For?

- Residents of Allegheny County ages 14 and up
- Family members, friends, and natural supports of those individuals who are challenged with a substance use disorder and need information or advice
- First responders who come upon someone in need of help or support
- Health and human service providers
- Schools, faith communities, advocates, and other community members

Program Services:

- Information
- Peer support
- Screening, level of care assessment, referral and support right up to admission
- MAT education
- Case management
- Connection to other human services through warm hand-offs

On-Site Team

A multidisciplinary staff who adhere to recovery-focused principles.

- Nurses-LPNs: Provide medical monitoring and MAT education
- Clinical Services Coordinators: Triage, screening for next steps
- Assessment Specialists: One on one engagement, assessment, referral
- Certified Recovery Specialists: Peer support throughout all services

Mobile Teams

- Two mobile teams see individuals in the community
- Teams consist of Drug and Alcohol Case Manager and Certified Recovery Specialist
- Respond to calls from police, emergency departments, crisis response teams, acute units, and family members or loved ones.
- Individuals served may or may not already be actively engaged in care

FINANCIALS

Renewal, Inc. and Affiliates Consolidated Statement of Activities as of June 30, 2020 (Audited)

REVENUE		EXPENSES	
Program Revenue	\$18,183,479	Program Services	\$15,582,402
Contributions and other Revenue	210,711	Management and General	2,814,694
Total Revenue	\$18,394,208	Total Expenses	\$18,397,096
		(Decrease) Increase in Net Assets	(2,888)



2019 - 20 LEADERSHIP

BOARD OF DIRECTORS

Chairman

James E. Bolas
Project Management

Vice Chairperson

Thomas J. Bachman
Investment Advisor

Secretary

Dave Defide
Duquesne Light Company

Treasurer

Richard Labuskes
*BNY Mellon Corporation
(Retired)*

Honorable Betty Esper
Mayor, Homestead Borough

Janie M. Harden Fritz, Ph.D.
*Director of Undergraduate
Studies & Director of M.A.
Programs, Dept. of Commu-
nication & Rhetorical Studies
Duquesne University*

Mary Anne Foley
Jewish Association on Aging

Jodi Gill, Esquire
*Adjunct Professor of Criminal
Justice/Academic Advisor at
CCAC*

Barbara Griffin
*Pro Bono Center of the
Allegheny County Bar
Foundation*

Alex Matthews
*Highmark, Pittsburgh, Senior
Community Affairs Analyst*

Reginald T. Overton
Account Executive/Director

Saj Roy
Eaton Aerospace

John R. Schmitt
*Past Chairperson
University of Pittsburgh*

Karen A. Shastri, Ph.D., C.P.A.
University of Pittsburgh

Sandra Welsh
YMCA (retired)

Irv Firman, Esquire
*Legal Counsel and Non-
voting Member*

COMMUNITY ADVISORY BOARD

James Bolas
President, Board of Directors

Anthony Mori
*Federal Bureau of Prisons
Residential Reentry Manager*

Marilyn Caye
Non Profit Consultant

Janie Harden Fritz, Ph.D.
Duquesne University

Julie Marx Lally
Pennsylvania Women Work

Angela J. Longo
Community Volunteer

Keith A. Paylo
Point Park University

Melissa Russo
UPMC Health Plan

Kim Ford
Found Advisors

RENEWAL ADMINISTRATION

Douglas C. Williams
*President and Chief Executive
Officer*

Scott C. Johanson
*Vice President, Human
Resources & Compliance*

Shelly Thayer
*Vice President, Program
Management*

Paul A. Trunzo
Vice President, Administration



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DEVELOPMENT**

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